



# WEIPA SWIMMING CLUB INC NEWSLETTER

January 2009



## END OF SEASON AWARDS

Awards given at the end of season are;

### Age Champions

Award to a male and female in each age group, based on achievement and attendance. Age taken as at 1-Jan-09.

### Swimmer of the year

Each competitor gains points for each race. The person with the most points at the end of the year – reflecting continuous hard work and improvement - is the Swimmer of the Year.

The more swimmers better their own PB each swim, the more points they get – according to this table:

Points for Most Improved			
Range of seconds from last PB		Points	
0.51 or more above your PB		1	
-0.50	-0.01	2	2 points for nearly beating your PB
0.00	0.50	3	3 points for equaling your PB
0.51	1.50	4	
1.51	2.50	5	
2.51 or more below your PB		6	

### Coach's awards & Encouragement Awards.

Chosen by the coach and committee; swimmers who display good sportsmanship, have great attendance, listen always and are winners just by trying very hard.

There is also a Club Champion trophy: it is awarded to outstanding swimmers who have excellent skills, in both leadership and swimming and have successfully competed at carnivals outside Weipa. This award is not given every season.

## AMAZING!

So far this season the following records have been broken:

Sabrina Koina – 7 yr girls 25m freestyle – three times. Now stands at 20.28s

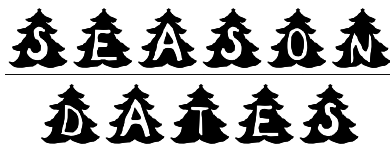
Sabrina Koina – 7 yr girls 25m backstroke. Now stands at 26.40s

Tia Toomey – 15 yr girls 50m freestyle – twice. Now stands at 29.87s

Tia Toomey – 15 yr girls 100m freestyle. Now stands at 1:06.87s

Tia Toomey – 15 yr girls 100m breaststroke. Now stands at 1:37.07s

Tia Toomey – 15 yr girls 100m individual medley – twice. Now stands at 1:21.36s



The first half of the season finished with Club Night on Friday December 10<sup>th</sup>.  
 Training for the 2<sup>nd</sup> half of the season will begin Monday 19th January, with the first club night of the year to be conducted on Friday 30<sup>th</sup> January.  
 The end of the season will be April some time.

**COMMITTEE**

- President:-**  
 Adrian Third 0429649371
- Vice President:-**  
 Daria Kearon 40699680
- Secretary**  
 Rebecca Boehm
- Treasurer :-**  
 Viv Ball
- Registrar:-**  
 Angela Third
- Race Secretaries:-**  
 Angela Third
- Publicity:-**  
 Lisa Stamm



There will be a Sign-on at the Pool for Learn to Swim Saturday 31 January 2009 at 10am-11am.

If you are interested in continuing lessons for your child/children, you will need to come to sign-on day.

**?? Did you know ??**

When on the blocks, you should stand up straight until the starter says "TAKE YOUR MARKS".

**WEBSITE**

Have you seen our own webpage on [www.fngswimming.asn.au](http://www.fngswimming.asn.au)  
 This is a static page to introduce us to the world: It links back to a page we have at [www.weipa.biz](http://www.weipa.biz) which we can update regularly.



**THANKS FOR YOUR CONTINUED HELP**

Without lane ropes or stop watches, club nights could not proceed. To help prevent breakage, could you please help us by reminding your child/ren to not play on them, sit on them, or twirl them around!