



# International Point Score

## Swimmers are Winners

points	Freestyle					Backstroke				Breaststroke				Butterfly				Ind Medley		
	25m	50m	100m	200m	400m	25m	50m	100m	200m	25m	50m	100m	200m	25m	50m	100m	200m	100m	200m	400m
M 25	27.5	51.04	1:51.91	4:05.91		30.5	57.45	2:03.78	4:28.66	35.0	1:03.74	2:20.20	5:03.03	34.0	55.34	2:01.87	4:28.81	2:07.40	4:35.12	9:46.14
50		49.21	1:47.90	3:57.09			55.38	1:59.34	4:19.02		1:01.45	2:15.17	4:52.16		53.36	1:57.50	4:19.16	2:02.83	4:25.25	9:25.11
100		45.87	1:40.58	3:41.01	7:46.25		51.63	1:51.25	4:04.46		57.28	2:06.00	4:32.34		49.74	1:49.53	4:01.59	1:54.50	4:07.26	8:46.79
200		41.24	1:31.24	3:20.00	7:01.72		47.99	1:41.75	3:40.13		52.47	1:54.22	4:06.25		44.96	1:38.29	3:37.29	1:40.85	3:44.13	7:55.54
300		36.87	1:21.58	2:58.82	6:17.05		42.90	1:30.97	3:16.82		46.91	1:42.12	3:40.16		40.15	1:27.88	3:14.28	1:30.17	3:20.39	7:05.17
400		33.48	1:14.09	2:42.40	5:42.43		38.96	1:22.62	2:58.75		42.61	1:32.74	3:19.95		36.50	1:19.81	2:56.44	1:21.89	3:01.99	6:26.13
500		30.82	1:08.20	2:29.49	5:15.21		35.87	1:16.05	2:44.53		39.22	1:25.37	3:04.05		33.60	1:13.46	2:42.41		2:47.52	5:55.43
600		28.66	1:03.42	2:19.02	4:53.13		33.35	1:10.72	2:33.01		36.47	1:19.39	2:51.16		31.25	1:08.32	2:31.03		2:35.79	5:30.54
700		26.83	59.36	2:10.11	4:34.36		31.22	1:06.19	2:23.21		34.14	1:14.30	2:40.20		29.25	1:03.94	2:21.36		2:25.81	5:09.37
800		25.18	55.70	2:02.10	4:17.47		29.29	1:02.12	2:14.39		32.03	1:09.73	2:30.33		27.45	1:00.00	2:12.65		2:16.83	4:50.31

points	Freestyle					Backstroke				Breaststroke				Butterfly				Ind Medley		
	25m	50m	100m	200m	400m	25m	50m	100m	200m	25m	50m	100m	200m	25m	50m	100m	200m	100m	200m	400m
F 25	30.0	58.18	2:06.08	4:33.99		34.0	1:05.34	2:19.63	4:59.86	38.0	1:12.96	2:37.56	5:36.97	40.0	1:02.01	2:16.77	4:59.10	2:22.80	5:07.00	10:44.86
50		56.09	2:01.55	4:24.15			1:03.00	2:14.62	4:49.10		1:10.34	2:31.90	5:24.88		59.79	2:11.86	4:48.37	2:17.68	4:55.99	10:21.73
100		52.29	1:53.31	4:06.24	8:36.65		58.73	2:05.49	4:29.49		1:05.57	2:21.60	5:02.84		55.73	2:02.92	4:28.81	2:08.34	4:35.91	9:39.56
200		46.55	1:41.79	3:39.41	7:39.77		54.38	1:53.23	4:00.62		59.30	2:06.84	4:31.86		50.57	1:49.39	3:58.25	1:50.71	4:06.02	8:37.10
300		41.62	1:31.00	3:16.16	6:51.06		48.62	1:41.23	3:35.13		53.01	1:53.40	4:03.06		45.21	1:37.81	3:33.01	1:38.98	3:39.96	7:42.32
400		37.80	1:22.65	2:58.15	6:13.32		44.16	1:31.94	3:15.38		48.15	1:42.99	3:40.75		41.06	1:28.83	3:13.45	1:29.90	3:19.77	6:59.88
500		34.79	1:16.08	2:43.99	5:43.64		40.64	1:24.63	2:59.84		44.32	1:34.80	3:23.20		37.79	1:21.76	2:58.07		3:03.89	6:26.49
600		32.35	1:10.75	2:32.50	5:19.57		37.80	1:18.70	2:47.85		41.21	1:28.16	3:08.96		35.15	1:16.04	2:45.60		2:51.01	5:59.42
700		30.28	1:06.22	2:22.74	4:59.10		35.38	1:13.66	2:36.54		38.58	1:22.51	2:56.86		32.90	1:11.17	2:34.99		2:40.05	5:36.40
800		28.42	1:02.14	2:13.94	4:40.68		33.20	1:09.12	2:26.90		36.20	1:17.43	2:45.97		30.87	1:06.78	2:25.45		2:30.19	5:15.68